SUMMER BASEBALL CAMP
At Capistrano Valley High School

Campers will learn the fundamentals of baseball this summer with the coaching staff of Capistrano Valley High School through daily fun activities, drills, and games. Coaches and current players will instruct and evaluate campers on the basics of Hitting, Baserunning, Infield and Outfield Defense, Pitching, Catching, and The Mental Side of the Game, along with advanced theory and the unwritten rules of baseball. This camp is designed to prepare campers, mentally and physically, for the challenges of high school baseball and to build their basic skills and knowledge of the game. Campers will receive a camp t-shirt. Players will be grouped by age and ability.

DATES:
Camp #1: June 28 – July 2, entering 3rd through 8th Grade (Ages 7-14)
Camp #2: July 5 – July 9, entering 3rd through 8th Grade (Ages 7-14)
Camp #3: July 12 – July 16, Incoming Freshman ONLY (Incoming 9th graders to CVHS)

TIME: 9:00AM – 12:00PM Daily       COST: $195.00

REGISTRATION: Visit  http://capousd.ca.schoolloop.com/
- Scroll down to “Classes for Children and Adults” towards the middle of page
- Click on “Register Here”
- Click on “Capistrano Valley HS Athletic & Youth Camps”
- Click on “Baseball – Cats Camp – Incoming Freshman” or “Baseball – Cats Youth Camp”
- Find the specific week you are interested in, then click on “Add”

Or, visit www.catsbaseballclub.com and click on “Summer Camp Information” on left side bar for further information. If you should have any questions, e-mail Coach Chris Price: capocatsbaseball@yahoo.com.
LIMITED SPACE! ENROLL TODAY!!!

CATS DEVELOPMENT PROGRAM (AGES 7-14)
Tryouts for all ages will be held on July 17, 2010 at Capistrano Valley HS

The main focus is improving the knowledge and skills of the boys in baseball to prepare them to play at the next level in high school. As they start to play in our program, they will learn how the game is played at a higher level and start to separate themselves from the rest of their peers in their knowledge of the game. The players learn the basics of fielding, hitting, and baserunning through drills to be fundamentally sound and then learn team play through live game situations in practice. All players will learn multiple positions (infield and outfield) and the catchers and pitchers will grow through more personalized instruction, drills, and clinics. Practices are specifically designed to be very similar to high school and college workouts.

Visit www.catsbaseballclub.com for tryout RSVP and information.